

IPPON KUMITE – 6 yrs old

- We will have a heavy bag type target with the bag marked for jodan and chudan techniques at the competitor`s own height.
- No kumite gear whatsoever is required.
- Call up 2 competitors Aka and Ao.
- Aka is first up.
- Stands 6 ft in front of bag in “yoi” position.
- Referee gives the command, “Jab”. Aka immediately takes up kamae position and tries to score with a jab. Aka then returns to the line in “yoi” position.
- The judges will give their opinion if it was a score. If it is a score the referee will award the point and it will show on the scoreboard.
- If the technique touches the target it will not score, and the referee will indicate no point.
- The same procedure will follow for: Reverse Punch/ Jab, reverse punch (combination)/ mae- geri/ mawashi-geri/ and mawashi-geri, reverse punch (combination).
- Then Aka will bow and Ao will step up to the line in “yoi” position and the same techniques will be requested by the referee and scored accordingly.
- Ao will then retreat from the line to await the referee decision. Most points win. If the points are equal the referee shall call “hantei” and the official`s panel will decide the winner based on: Spirit, and Quality of techniques.